



GLUTEN FREE MENU

APPETIZERS

CHILE CON QUESO

Cheese dip with tomatoes, onions, cilantro & jalapeños. Bowl 5.95 Cup 4.95

SUNSET DIP

Queso with cilantro & jalapeños. Bowl 6.50 Cup 5.50

GUACAMOLE 7.45

BONEDADDY'S CHICKEN NACHOS

Jalapeños, sour cream & guacamole with chicken. 10.95

CHICKEN FLAUTA APPETIZER

With sour cream & queso 6.95

CHICKEN FAJITA SALAD WITH VINAIGRETTE DRESSING

Guacamole, cheese, tostada strips, corn & tomatoes 11.95

ENTREES

TUNA TACOS

Grilled Ahi, avocado, chipotle crema & black beans in corn tortillas
13.45

#1 COMBO

Chicken enchilada, crispy chicken taco, chile con queso with rice & black beans 11.95

SPINACH & MUSHROOM ENCHILADAS

Topped with tomatillo sauce 9.95

ENCHILADAS RANCHERAS

Chicken or cheese topped with ranchera salsa 10.95

ARTURO'S ENCHILADAS

Layered with chicken, cheese, black beans, roasted tomato sauce & pineapple orange relish 11.95

ENCHILADAS TOMATILLOS

Chicken or cheese topped with tomatillo sauce 10.95

CHICKEN FLAUTA DINNER

Guacamole & sour cream on side with rice & black beans 10.50
Topped with queso 11.50

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Please note that while our chips and enchilada tortillas are made from corn, they are fried in oil that's also used to fry some products that contain flour, so there is a risk of cross-contamination.

Some items sold with flour tortillas can be substituted with corn tortillas. Please ask a manager for details.

Our steak is marinated in soy sauce and is not gluten-free.

Our sour cream sauce and beef gravy are made with flour and are not gluten-free.

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DESSERT

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FLAN 5.95

This menu info is provided as a service to our customers. Tortilla Coast goes to tremendous strides to identify all forms of gluten and gluten derivatives in the foods we purchase or prepare in house. However, we cannot be responsible for individual reactions to any food products or guarantee that the food we serve is free from any allergen. Our wait staff and cooks are not professionally trained on the intricacies of Celiac Disease or gluten intolerance and cannot be expected to provide recommendations or other advice on this issue, but have taken necessary precautions to provide you w. a gluten-free meal and will attempt to accommodate your individual requests. This menu, in no way should be considered medical advice. Tortilla Coast disclaims all responsibility related to the use of this info. If you have any questions regarding particular foods that cause allergic reactions, these should be discussed w. your physician.